

## October is Bullying Awareness month.

Students at LC are learning.....

**What is bullying?** Bullying is when someone **keeps** being mean to someone else on purpose. It is unfair and one-sided.



### The 3 R's of Bullying:

**Recognize** when bullying happens

**Report** bullying to a trusted adult

**Refuse** to let bullying happen to themselves or others

Be a **bystander**, who stands up and is part of the

Oct 13<sup>th</sup> **NO SCHOOL**

Oct 19<sup>th</sup> Watch Dog  
Dads Pizza Night  
5:30-6:30

Oct 20<sup>th</sup> Movie Night  
in the Cafeteria

Nov 10 Veteran's Day  
Observed **NO SCHOOL**

Nov 20-22  
Conferences **NO  
SCHOOL**

Nov 23-24  
Thanksgiving - **No  
School**

### All about PTA

- Fall Fundraiser raised almost \$24,000! That's amazing! Thank you for your support! Box Tops brought in close to \$300! Mrs. Perrault's class had the most in Box Tops in September.
- T-shirt and Sweatshirt order forms went out, please get them turned into us if you want one, they are due November 1st and we are only selling twice a year as preorders.

Movie Night is October 20th in the Cafeteria at 6pm.

We are seeking baked goods for our Holiday bazaar to support OMSI, if you are interested please get ahold of Kat Morin at [kitkatmorin2016@gmail.com](mailto:kitkatmorin2016@gmail.com) or check the Lewis and Clark Facebook page for sign ups. Baked Goods are due to the school on

### SAFETY

Student safety is our number one concern here at Lewis & Clark. Please help us keep all students safe by following pick up and drop off protocol.

- For the safety of all staff and students, the bus loop is for busses only.
- Students need to walk around the building to the back.
- Supervision and breakfast begin at 8:00am.
- Homework club begins at 8:00am, but students need to have eaten breakfast first (at home or school)

## From the desk of Mrs. Rose

Dear Lewis and Clark Families,

Band and Orchestra has begun! We always have a large involvement in these before school activities. For the safety of your students please follow these guidelines:

- Drop your students off in the front of the building, and have them walk around.
- Drop off time is 7:45 and the doors are not open prior! Please do not drop off earlier!

[www.mrsrosesmusicclassroom.weebly.com](http://www.mrsrosesmusicclassroom.weebly.com)

Or find me on the Lewis and Clark Elementary website and follow the link.

## PE at Lewis & Clark

Parent Week in PE was a huge success! Our wall is now filled with pictures of our students enjoying time with family members. Thank you to all who joined us!

## Health Room Needs

Illness season is upon us! Please remind students to wash their hands regularly, get plenty of sleep at night, and eat healthy meals.

We are continuing to collect items of clothing for students in need. Greatest need is sizes 6-8 and 10-12. Accidents happen at school, and keeping an extra pair of pants and underwear in your child's backpack is helpful. Please make sure they are washed as we do not have a washer and dryer at school.



**The Weather is Changing.**

**It's Time for Jackets.**

**Please Label Jackets with Student Name.**

## Attendance Matters!

### **DID YOU KNOW?**

- Starting in kindergarten, too many absences can cause children to fall behind.
- Missing 10%; 18 days, increases the chance that your student will fall behind in Reading or Math.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, regular attendance is a better predictor of graduation rates than 8th grade test scores.

### **WHAT YOU CAN DO**

- Set a regular bed time and morning routine.
- Only keep your child home sick if presenting a fever of 100.4 or higher, is vomiting or has diarrhea.
- Avoid appointments and extended trips when school is in session.
- Develop back-up plans for getting to school if something comes up.
- Encourage meaningful after school activities, including sports and clubs.